



FROM OUR CATERING  
DEPARTMENT:

## MEALS SERVED "GRAB-N-GO" STYLE

**HOMEMADE MEALS PACKAGED INDIVIDUALLY FOR YOUR SAFETY AND CONVENIENCE. THE PERFECT WAY TO SAFELY CATER YOUR CORPORATE MEETINGS, SPECIAL EVENTS OR HOLIDAY GATHERINGS .**

**IDEAL FOR SOCIAL DISTANCING, NO SHARED UTENSILS!  
4 OPTIONS AVAILABLE TO CATER TO EVERY PALATE.**

**CONTACTLESS DELIVERY OR PICK UP AND CURBSIDE SERVICE AVAILABLE**

**SOFT DRINKS AND DISPOSABLE FLATWARE & UTENSILS  
AVAILABLE A LA CARTE**

**SUBSTITUTIONS AVAILABLE. LET US KNOW HOW WE MAY ACCOMMODATE YOU – ADDITIONAL CHARGES MAY APPLY**

**SPRINGFIELD  
90 WILLIAM ST.  
(413) 732-5428**

**EAST LONGMEADOW  
159 SHAKER RD.  
(413) 525-9400**

[www.frigofoods.com](http://www.frigofoods.com)  
[www.facebook.com/FrigoFoods/](https://www.facebook.com/FrigoFoods/)

Based on 10 people or more

**Select your choice and we will bring it to you!**

### 1. BEEF TIPS MEAL

- Sirloin beef tips, served in our house bourbon glaze
- Served with roasted seasonal vegetables
- House salad & breadsticks
- Choice of cookie, brownie, or mini cannoli

**\$13.99 ea**

### 2. EGGPLANT ROLLATINI MEAL

- Stuffed w/ ricotta cheese, topped with melted mozzarella & parmesan cheese
- Served over imported ziti & Frigo's pomodoro sauce
- House salad & breadsticks
- Choice of cookie, brownie, or mini cannoli

**\$12.49 ea**

### 3. CHICKEN PARMEGIANA MEAL

- An Italian classic, topped with melted mozzarella & parmesan cheese
- Served over imported ziti & Frigo's pomodoro sauce
- House salad & breadsticks
- Choice of cookie, brownie, or mini cannoli

**\$12.49 ea**

### 4. BOX LUNCH MEAL

- Fresh made, artisanal sandwich of your choice
- A side of our house pasta salad
- A bag of our homemade Frigo's chips
- Choice of cookie or brownie

**\$10.49 ea**

- We want our guests to know that we take the responsibility of safely operating during the COVID-19 pandemic extremely seriously. Nothing is more important than protecting the health and safety of both our team members and our guests. We ensure you that every available precaution is being taken.  
- Thank you for supporting our family owned, local business. Please continue to support your community by utilizing local businesses and services.